



From the desk of Travis Mathes, Manager of Member Services

November is upon us and in my mind that means a month of thankfulness. A time to reflect and count the abundance of blessings in our lives. During this season of giving thanks I would like to thank you for your membership in Lewis County REC. Without your membership, in your cooperative, we would not be able to supply power to all of the homes and businesses that we serve in Northeast Missouri. Without the forward thinking of our founders some 82 years ago Lewis County REC would not be where it is today. Lewis County REC is your cooperative and we strive everyday to improve the lives our member/owners each day.

I am thankful to live in a country where we can live freely and make our own choices. I would like to thank each and every person that has served our country in the military here and abroad. We honor each of you this month on Veteran's Day. I challenge you if to stop and thank a Veteran for their service to us and our country, not only on November 11th, but every day of the year. My hats off to all of you for serving our great country!

I am thankful for our cooperative employees, who many times are out in all types of storms, working diligently to assure that when you flip the switch your lights come on. When you are sitting around the table this Thanksgiving remember these individuals. If they get a call in the middle of their Thanksgiving meal that you are out of power, they will leave the table and their families and jump into action to assure that you and your family have power to enjoy your holiday celebrations. We appreciate the countless acts of kindness that our employees receive when they are working in severe weather and dangerous conditions. Our employees are thankful for your patience and consideration when they are trying to restore power during challenging situations and prolonged periods.

I am thankful that one of our core principles at Lewis County REC is commitment to community. While our priority is to provide safe, reliable, and affordable energy, we view our role in the community as a catalyst for good. We work closely with our local schools to provide safety demonstrations, award scholarships, and help mold our young people into the leaders of tomorrow. Lewis County REC also participates in the annual Youth Tour where we send our communities brightest young people to Washington, D.C. for a week-long immersion to experience democracy in action. The trip is inspirational for many students, and we are both humbled and honored to be a part of this leadership development journey. We also participate in Missouri's CYCLE (Cooperative Youth Conference Leadership Experience) where we send young people to Jefferson City, MO. to experience how democracy functions here at home. We participate in a teacher education program that provides two teachers from our service territory to attend an electric education program at Mizzou each summer. Those teachers can then go back and incorporate what they have learned into their classroom.

I am sure you are wondering what all of these programs cost you the member-owners and the answer is ultimately nothing. That is the even brighter portion of this program and another of the things I am thankful for. All of our youth and teacher education programs are funded through unclaimed capital credits that would otherwise end up funneling back to the state of Missouri. It is a win, win for all involved and ultimately is made possible because of your cooperative membership. You empower Lewis County REC through your participation in and support of these invaluable programs. Education is something that can not be taken away from you and we are providing several avenues for this education and I am thankful that we are able to do that.

And finally, I am thankful for my family. My wife and sons help keep me in line and remind me everyday how blessed I truly am. In today's fast pace world it is easy to lose perspective on what is really important, but my family seems to always real me back in and remind me that as long as we are healthy and together we are truly rich. As you set around that table this Thanksgiving take a good look around you and be thankful for your family. May this season of Thanksgiving bring love to your hearts, health to your bodies, and piece and joy to your homes. Happy Thanksgiving everyone and remember we are thankful for you and your membership in Lewis County REC!



Scholarship Information

1. This is a \$1,000 Scholarship to be paid upon enrollment directly to the school.
2. The applicant must be a senior graduating from a school in Lewis County REC's coverage territory.
 - a. Two scholarships will be awarded in the coverage area of Clark/Scotland County, two in the coverage area of Knox/Shelby/Adair County, and two in the coverage area of Lewis/Marion County.
3. The applicant's parent or legal guardian's primary residence must be connected to Lewis County REC and the parent or legal guardian must have a membership in their name.
4. The applicant must attend an accredited institution of higher learning including Vocational School, Technical School, Junior College, or University.
5. The applicant must write a one page essay concerning their post-secondary goals and how those goals directly relate to their field of study or career and explain how this scholarship will help them achieve those goals.
 - a. Lewis County REC Scholarship Selection Committee will make all of the final decisions on recipients of the scholarships based upon the completion of the scholarship application, essay, and high school transcripts.
6. The completed application, essay (typed), and high school transcript must be delivered or postmarked by January 24, 2020. The official completed application (attached), high school transcript, and essay constitute application.
7. Relatives of the Board of Directors or employees as defined in the By-Laws will not be eligible.
8. The applicant's parent or guardian must be a member of Lewis County REC.

Questions or correspondence may be directed to:

Lewis County REC
Travis L. Mathes
PO Box 68
Lewistown, MO 63452
573-215-4000



Lewis County REC Youth Tour to Washington D.C. Contest Rules

1. Eligibility:
 - A. A high school student enrolled in the 11th year (junior) in high school at Lewis County C-1, Canton R-5, Knox County R-1, Heartland Christian Academy, Clark County R-1 or home school equivalent are all eligible. Students from other schools are eligible if their parents or legal guardians are members of Lewis County REC.
 - B. Students may participate in only one REC Youth Tour Contest.
 - C. The student may not be an immediate family member of a Director or Employee of Lewis County REC.
 - D. The student must complete the information forms supplied to them and turn them in to their English instructor, or mail them to arrive no later than December 18, 2019.
2. Sequence of events leading to final determination of the winner:
 - A. Student receives an information packet from participating school or Lewis County REC.
 - B. Student fills out and returns "Personal Accomplishment Form" along with their essay by December 18, 2019. Essays turned in without the "Personal Accomplishment Form" will not be judged.
 - C. Student writes an essay of not over 500 words on the topic "Electricity and Life". Essays must include a title page with the entrant's name, school, and teacher's name.
3. The winning essay will be determined based upon points accumulated in the following areas:

1. Originality/Creativity	35 points
2. Composition	25 points
3. Grammar	20 points
4. Neatness	20 points

The decision of the Judges is final.
Individual results of the judging will not be disclosed.

Contest Awards- 2020

- A. WINNERS YOUTH TOUR TO WASHINGTON, D.C. - Five delegates, one from Lewis County C-1, one from Canton R-V, one from Clark County R-1, one from Knox County R-1, and one from Heartland Christian Academy will be attending this conference all expenses paid. The all-expense paid trip to Washington, DC, will be held June 19-25, 2020.

For more information contact:
Travis Mathes
Lewis County REC
1-573-215-4000

Lewis County REC CYCLE Conference (Cooperative Youth Conference and Leadership Experience) CONTEST RULES

1. Eligibility:
 - E. A high school student enrolled as a sophomore in a high school or home school equivalent.
 - F. Students may participate in only one CYCLE Contest.
 - G. The student may not be an immediate family member of a Director or Employee of Lewis County REC.
2. Sequence of events leading to final determination of the winner:
 - D. The student must provide a list of personal accomplishments and write an essay of 500 words or less on why they feel they should be chosen to attend this conference.
 - E. The student must turn these items in to their Guidance Counselor, or to Lewis County REC to arrive no later than December 18, 2019.
 - F. Students will be judged both on the essay and items listed on the personal accomplishment forms. A total of 50 points are possible on the essay and a total of 50 points are possible from rating items on the personal accomplishment form.
 - G. Decisions of the judges are final and individual scoring will not be disclosed.
3. Contest Awards:
COOPERATIVE YOUTH CONFERENCE & LEADERSHIP EXPERIENCE: July 15-17, 2020 in Jefferson City, Missouri. Five delegates, one from Lewis County C-1, one from Canton R-V, one from Clark County R-1, one from Knox County R-1, and one from Heartland Christian Academy will be attending this conference all expenses paid.

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Lewis County REC offers rebates to their members on:

- Electric Water Heaters
- Ground Source Heat Pumps
- Air to Air Heat Pumps
- Dual Fuel Heat Pumps

Contact the office or go to www.lewiscountyrec.coop for more information

SAFETY FIRST!

If you have small children at home, tamper resistant receptacles are a good idea. In fact, they are a requirement for new home construction and will add as little as \$50 to the cost of a new home, or \$2 an outlet for existing homes. That's a small price to protect kids.



Mark your calendars for Lewis County REC's 83rd Annual Meeting Thursday, August 6, 2020 at Highland High School, Ewing, MO.

Honoring all who served

VETERANS DAY

11TH NOVEMBER

Our office will be closed on November 11th in observance of Veteran's Day. Thank You to all of our Veterans for your service to our country.



Energy Efficiency

Tip of the Month

When cooking that Thanksgiving turkey, don't peek in the oven! Each time you open the door the inside temperature can drop as much as 25 degrees. Not only will it take longer for the turkey to cook, it will also increase your electric bill. Good news about leftovers though: a full refrigerator or freezer uses less energy.

Space heaters won't heat your whole house

Space heaters are designed for just that: to heat a small space, not an entire house. While safer than in the past, still be cautious in using them. Michael Bluejay, online energy efficiency consultant, offers these tips on space heater safety:

Electric heaters are safer but more expensive to run than gas heaters — You're less likely to accidentally blow up your house, and there are no combustion byproducts to worry about.

Oil-filled radiators are safer than red, glowing heaters with a fan inside — Oil-filled heaters distribute heat throughout the unit so no one part gets super hot. They heat up more slowly than heaters with fans.

Make sure circuit has enough capacity — A 1500-watt heater uses 12.5 of a 15-amp circuit and can heat up household wiring in the walls. Put each heater on a dedicated circuit if possible.

Use only super-thick extension cords for heaters — cord should be 12 gauge. Note that the smaller the number, the thicker the cable. 14 gauge is worse than 12.

TO REPORT AN OUTAGE

CALL (TOLL FREE) 1-888-454-4485
(LOCAL) 215-4000

24 HOURS A DAY

CALL THE TOLL FREE NUMBER DURING REGULAR BUSINESS HOURS (7:30 a.m. to 4 p.m.) FOR ALL OTHER SERVICES

Before calling:

Check your breakers or fuses

Check with your neighbors to see if they have power

When calling please give the following information:

Your name • Meter Number • and/or location number



Our office will be closed November 28th and 29th in observance of Thanksgiving. Have a safe and happy Thanksgiving!